

Using the Physical and Emotional Safety Cubes

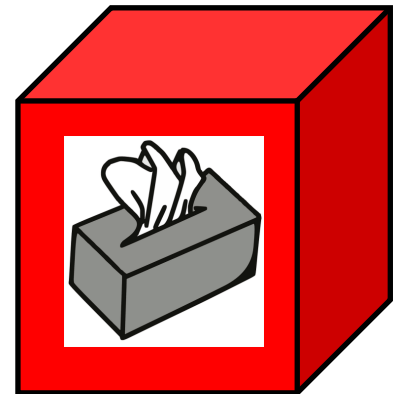
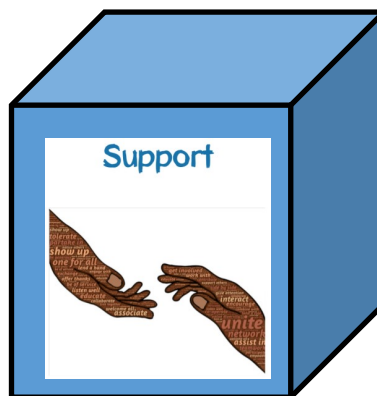
Physical safety and emotional safety are connected. For example, if I am looking after someone at home who is vulnerable to Coronavirus, then I might get upset, angry or irritable if someone stands too close to me. In that moment I might need co-operation and/or empathy.

1. Cut out the shapes. Fold along all the black lines so that the images are on the outside. Make a cube. Use glue or tape to stick the cube together with the tabs. Watch this if you are not sure:

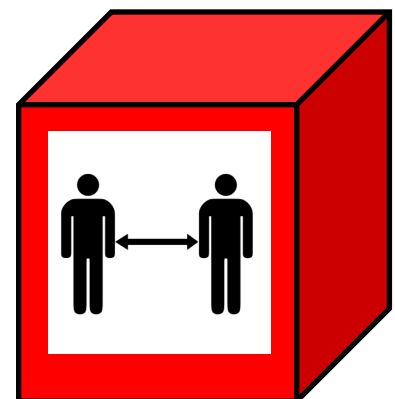
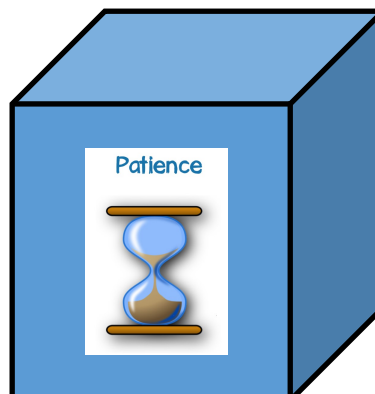
<https://www.youtube.com/watch?v=3GbgrXuaYX0>

Either make a large version of the cubes that you can use for the whole class, or smaller ones to use in group work. Each time, throw the physical safety cube and one of the emotional safety cubes. How are the two needs on the uppermost faces connected?

Eg. Here, support is the emotional need and tissues are the physical need. How are they connected?
"We might need help to get tissues when we are at school."
"We might need help to remember to put used tissues in the bin."

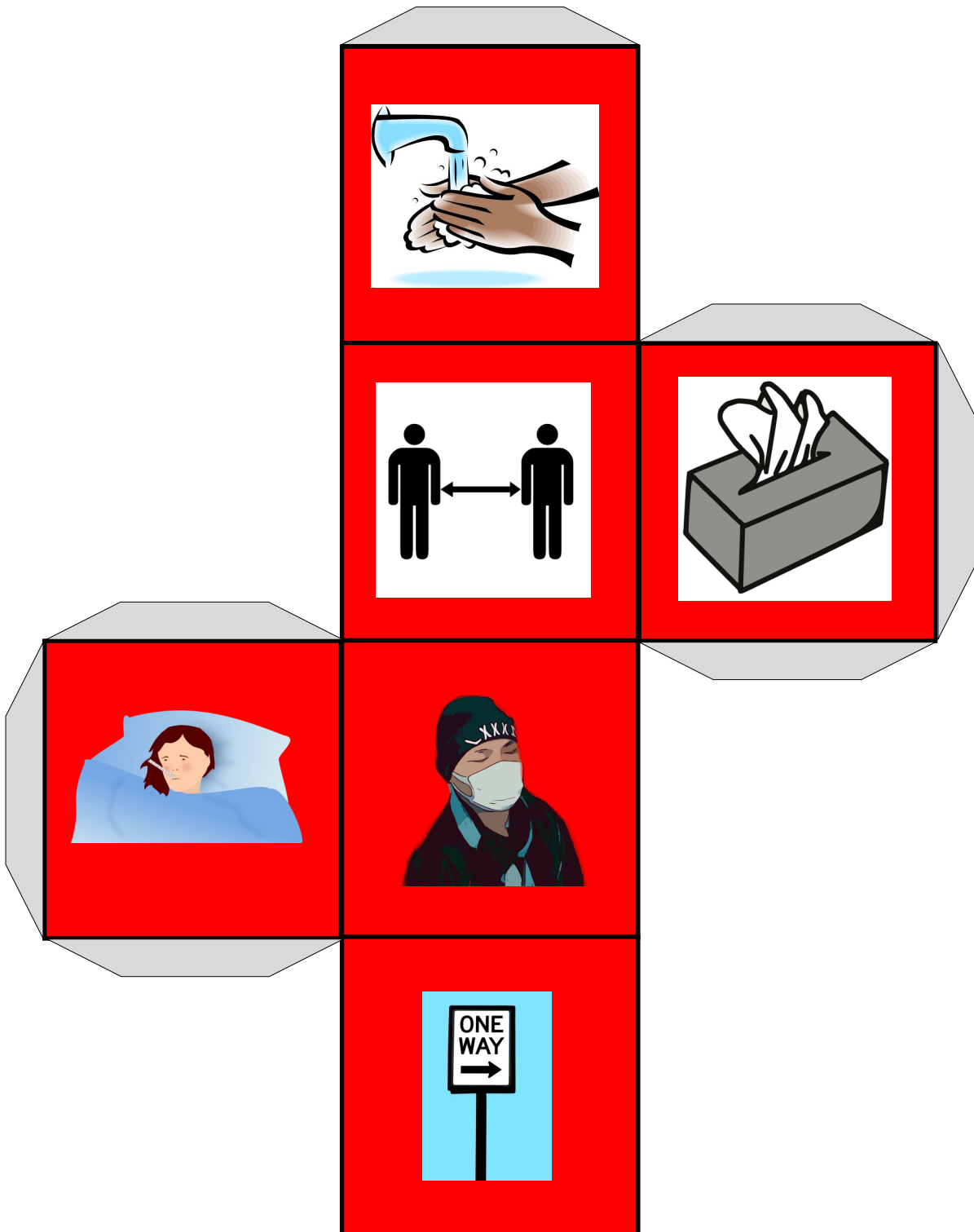


Eg. Here, patience is the emotional need and social distancing is the physical need. How are they connected? "If I accidentally get too close to someone, I would like them to be patient with me and politely ask me to keep my distance?"



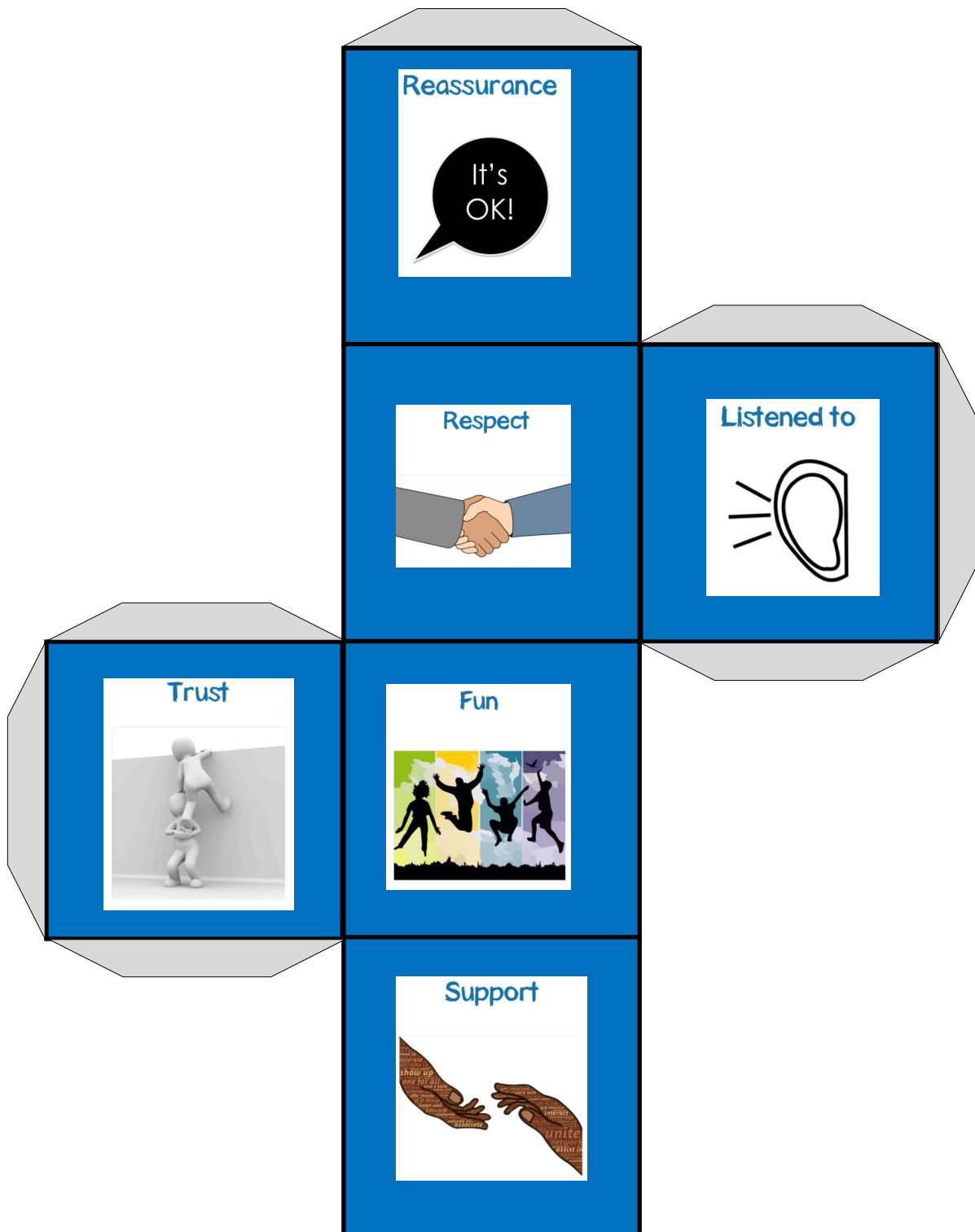
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Story Cubes—Physical safety



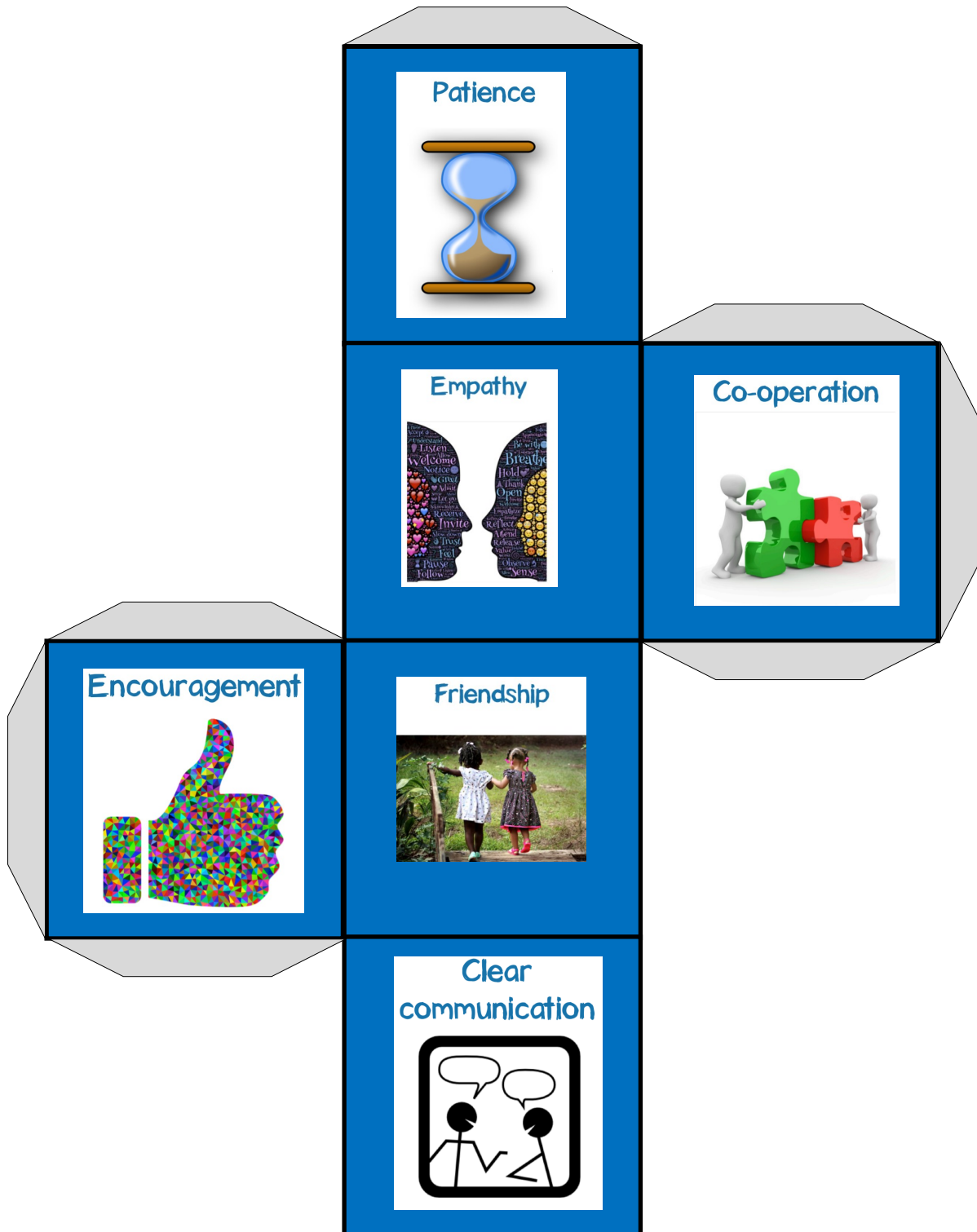
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Story Cubes—Emotional Safety—Set 1



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Story Cubes—Emotional Safety—Set 2



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