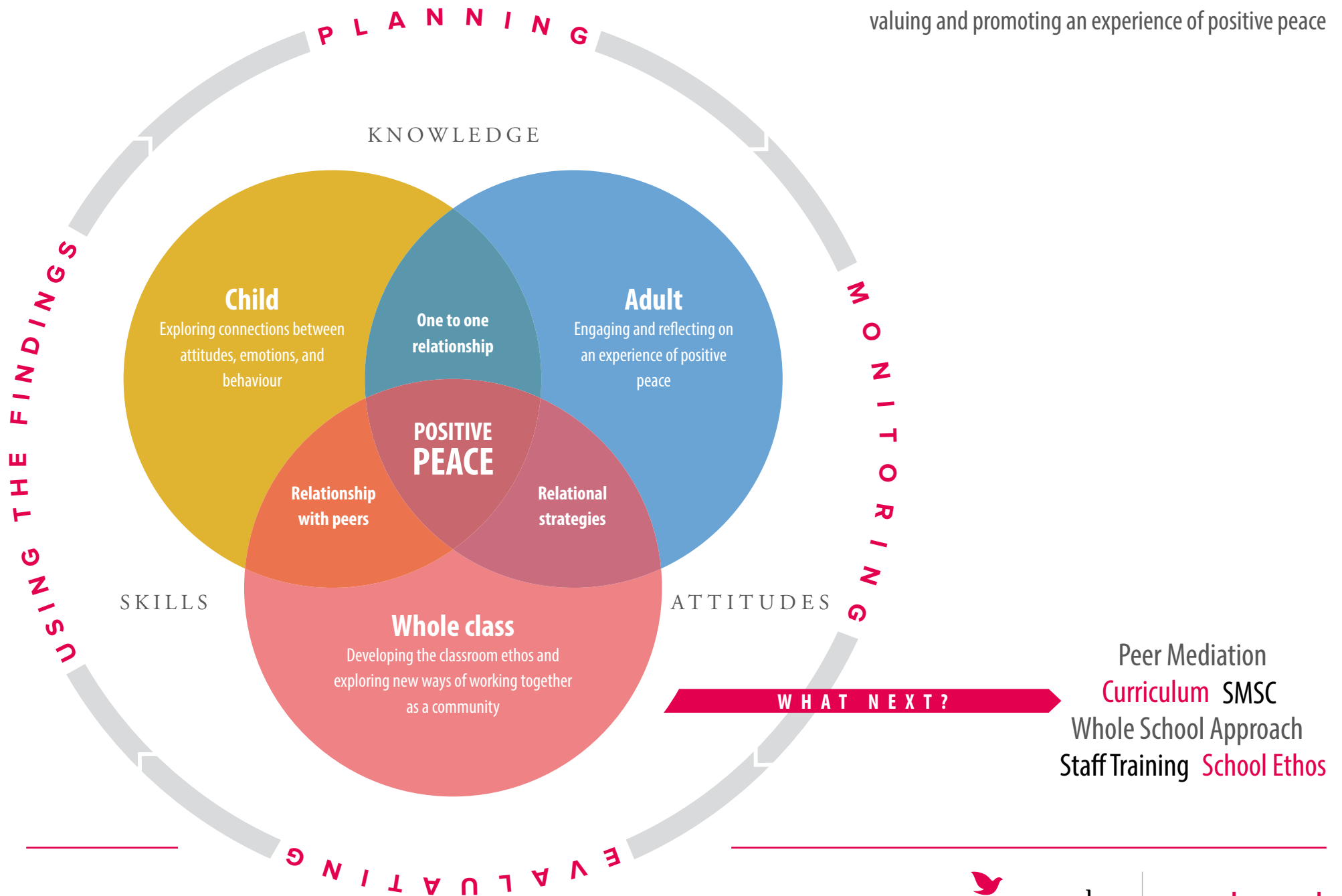


peacemaker courses

valuing and promoting an experience of positive peace



POSITIVE PEACE

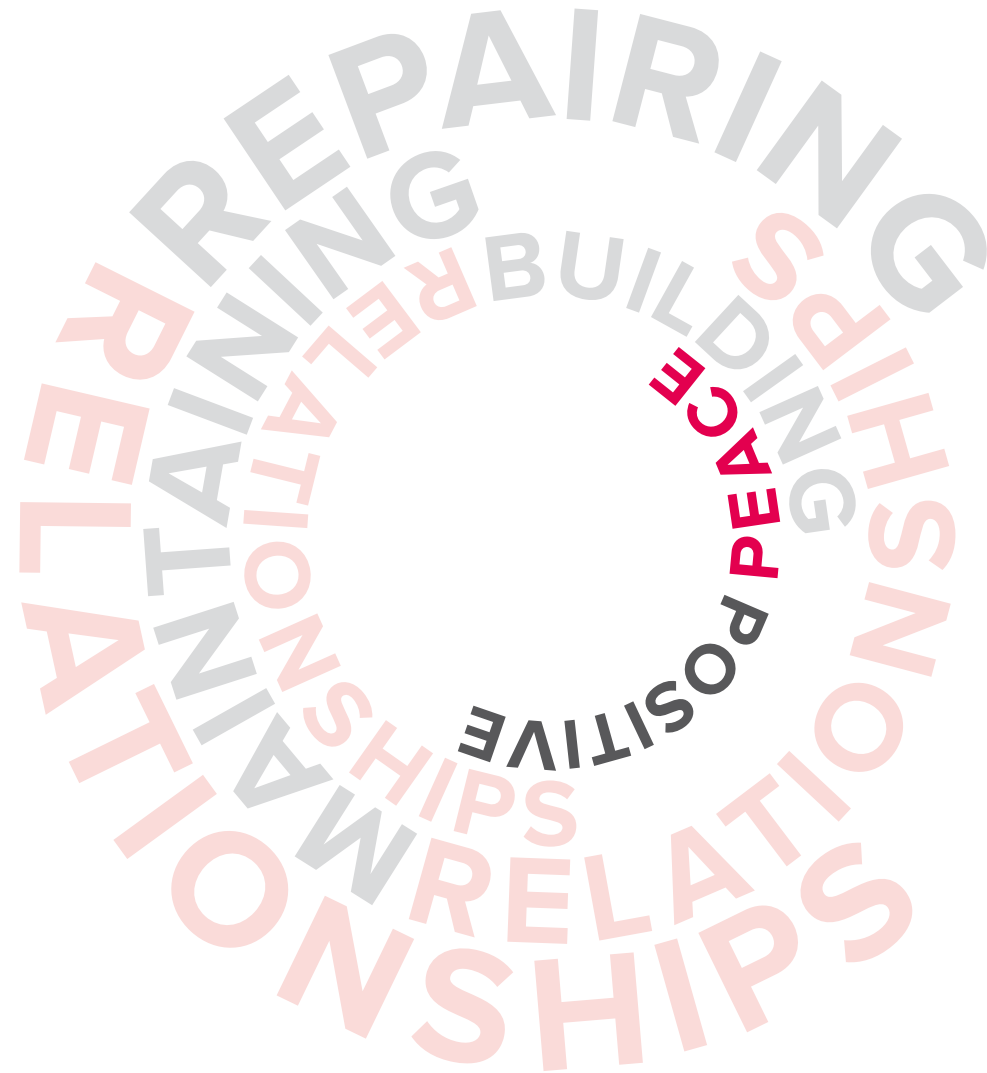
Positive Peace is about constructive ways of resolving conflict and the restoration of relationships.

It is about the absence of both structural and physical violence.

Peacemakers promotes peaceful beliefs, attitudes and behaviours, justice and inclusion.

By the end of the course we aim that everyone will:

1. Have explored their understanding of peace, peaceful environments and peaceful relationships.
2. Be given an opportunity to be heard, make choices and take responsibility.
3. Realise they are learning skills for life as well as for school life.
4. Have been given the opportunity to appreciate and value diversity.



BUILDING RELATIONSHIPS

KNOWLEDGE

Circle Time

1. We know how to create a circle and the circle time skills.
2. We recognise that creating a safe space is a responsibility of all those involved.
3. We appreciate how working together in a circle is different from working together in other ways.

SKILLS

Communication

4. We demonstrate active listening.
5. We can communicate clearly and effectively in different ways [eg speaking, writing, role play].
6. We can disagree in a discussion and critique a game or activity without discouraging others.

Participation

7. We can take part in pair work, group work and whole group work, through active listening and/or speaking.
8. We can support others to participate.

Affirmation

9. We can identify the qualities and attributes of others and can tell them these.
10. We can accept affirmation from others, including those we don't expect to receive it from.

Reflection

11. We can remember and reflect on our own progress, and that of the class, throughout the course.
12. We can process a game or activity and explain why it has worked well or not so well.



MAINTAINING RELATIONSHIPS

KNOWLEDGE

Feelings

1. We can identify a range of feelings and describe how we feel in different situations.
2. We know that words and actions impact on the feelings of others.
3. We can recognise and explain our response to our own feelings
4. We know what it means to be confident and have a developing sense of self esteem.

Self Reflection and Review

5. We know why it is important to be able to reflect on our behaviour and on the behaviour of our peers.
6. We know where we have started individually and a class and how we have developed through the course.

SKILLS

Collaboration

7. We can include everyone in the circle by making adventurous choices and treat everyone equally.
8. We can work with anyone in the circle for as long as it takes to complete an activity.
9. We can make decisions together about what will happen in Peacemaker or circle time sessions.

Creativity

10. We can make connections between what we learn in and out of Peacemaker sessions
11. We can use drama, games and play to take risks and try out new ideas in order to solve problems.



REPAIRING RELATIONSHIPS

KNOWLEDGE

Responding to conflict positively

1. We understand the causes of conflict.
2. We better understand how conflict can be avoided, managed and defused.
3. We understand what it means to compromise and how to get to a win/win situation.
4. We recognise blaming language and know how it contributes to conflict escalation.

SKILLS

Conflict Resolution

5. We can use simple strategies, that do not harm ourselves or others, to calm ourselves down when we are angry.
6. We can be assertive in difficult situations in order to be heard and to express our needs.
7. We can seek support when needed.

8. We can respond appropriately when we see others fall out or use negative language [by not provoking the situation, by using kind words, by involving an adult if necessary].

Critical Thinking

9. We can ask open-ended questions.
10. We can ask questions of others that help find the deeper causes of conflict or how someone is feeling.
11. We can recognise when sources of information are unfair and only give part of the picture.
12. We can ask challenging questions about our own ideas and change our minds.

Self Awareness

13. We can learn from our mistakes.
14. We can describe our responses to anger, conflict and upset.
15. We can recognise times when we feel peaceful and times when we don't feel peaceful.

