

G5 Here I sit

Aim: To mix up the circle and include everyone, making adventurous choices.

Skills: Cooperating, communicating, creativity, thinking, concentrating, looking, listening

Age: 5-11 and beyond

This activity requires an extra seat in the circle.

- When you are ready to begin, explain that the two people either side of the empty seat are in a race to fill it. The person who succeeds in filling the extra seat first starts the game by saying "Here I sit, in the forest, and I would like to invite to come and sit next to me."
- The named person crosses the circle to sit next to the person who made the invitation. This now leaves an empty seat. The people either side of this seat race to fill the seat, and the game continues.

Variation: Players can substitute 'in the forest' for a place of their choice (e.g. 'in the park', 'on the moon', 'in my den' etc). You can complicate the game once the circle is confident with the process. Three people complete the sentence. The first person to fill the chair says 'Here I sit', the next person moves up and says 'in the forest', the third person moves up and makes the invitation.

Rules: Try to make adventurous choices about who sits next to you; If you choose the place where people are to sit, make sure it is somewhere you would like to be invited to; Move safely.