



1

Say one thing that makes you angry



How do you feel when you are angry?

8



7

Who do you need when you are angry?

Describe a good choice you made when you were angry that made things better



6



5

Describe a not-so-great choice you made when you were angry, that made things worse



Describe a time when it was hard for you to control your anger at school

4



Where in school do you feel safe when you are fed up?

3

Say one thing you can do to calm down when you are upset

2



www.Vintage-Toys.co.uk