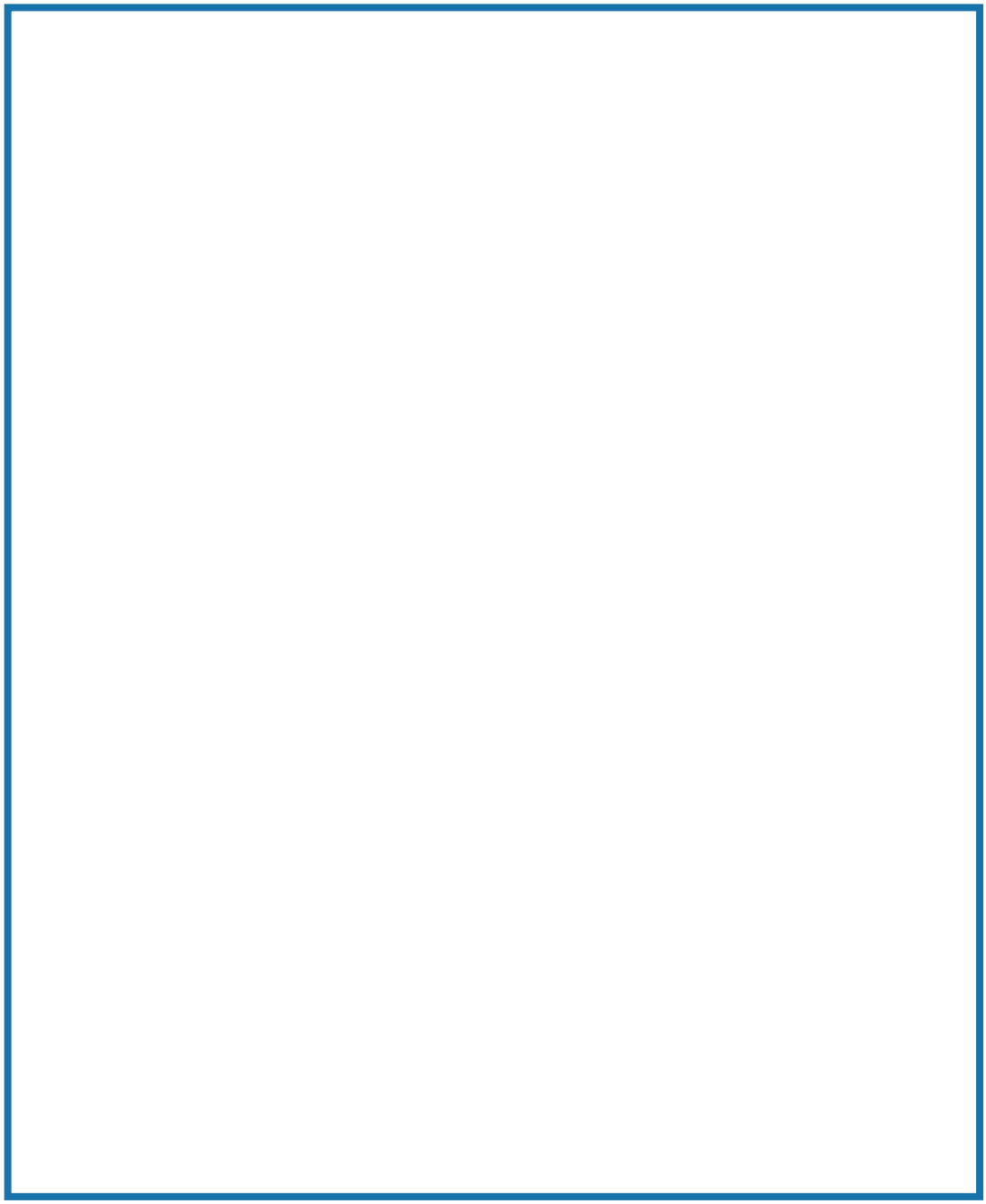
Time

Space

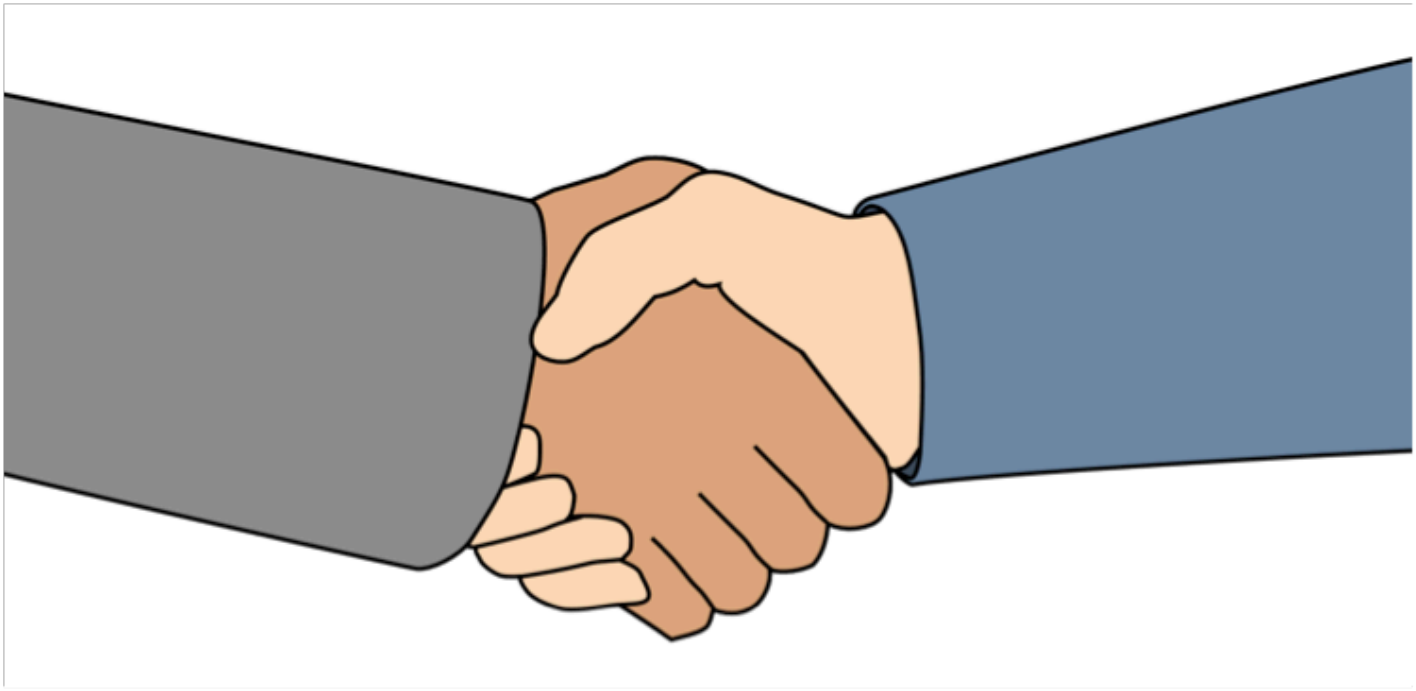


Appreciation
for who I am

Tolerance

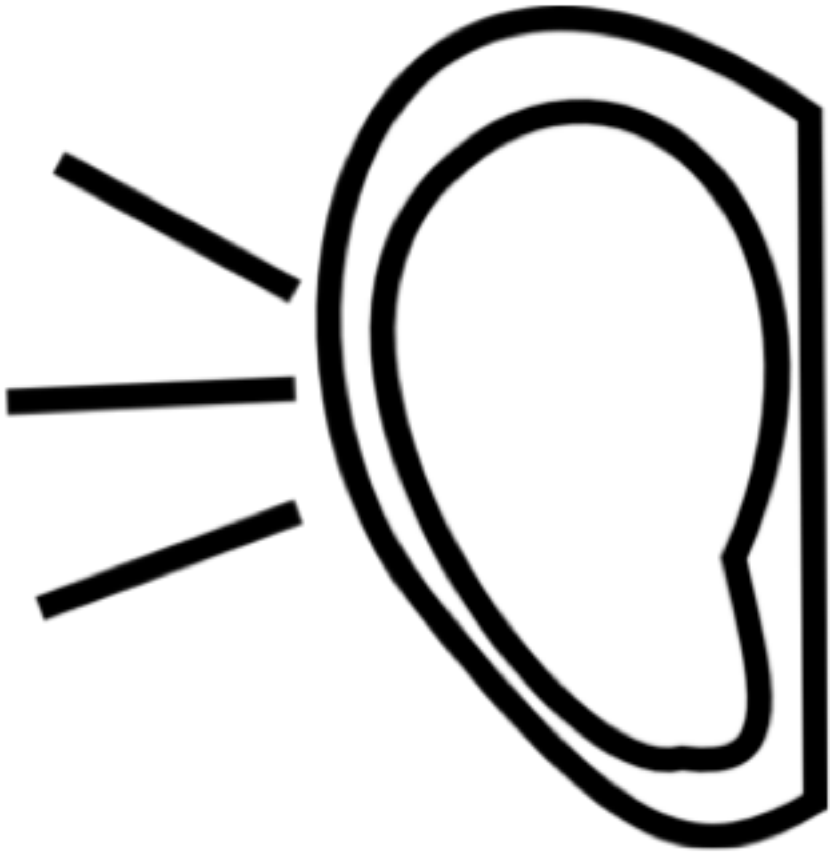
Reassurance

Respect



Inclusion

Listened to



Valued

attend
befriend
cradle
release
accompany
be with
encourage
empower
regard
care for
adopt
enjoy
enjoy
release
care for
respect
treasure
appreciate
embrace
embrace
receive
cherish
care for
enjoy
support
trust
trust
liberate
welcome
admit
attend
delight in
respect
receive
accept
admit
attend
value
cradle
value
foster
trust
cherish
adopt
support
assist
thank
thank
nurture
accept
acknowledge
cultivate
befriend
welcome
accompany
release
assist
accommodate
be with

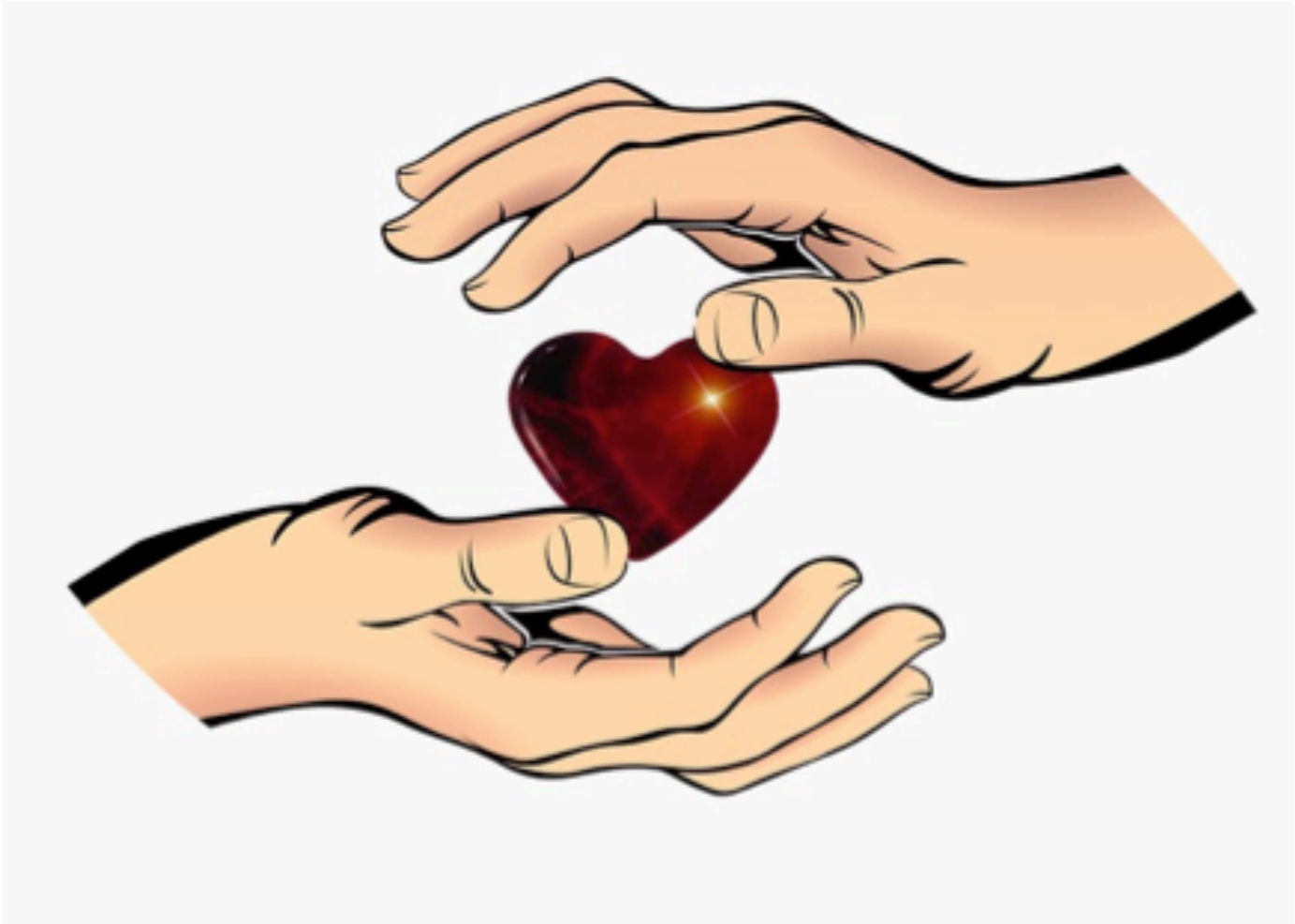
Fun

Kindness

Trust

Fairness

Safety



Support

show up
tolerate
partake in
notice others
show up
be generous
one for all
be of service
lend a hand
engage with
exchange
teamwork
educate
offer thanks
be of service
listen well
educate
collaborate
link together
welcome all
associate
get involved
work with
educate
contribute
support others
side by side
give attention
collaborate
interact
encourage
listen well
combine with
co-operate
take a role
value diversity
unite
network
welcome all
assist in
teamwork
participate
empower

Patience

Empathy

Pause
Accept
Understand
Listen
Welcome
Allow
Notice
Greet
Admit
Sense
Attend
Let go
Acknowledge
Receive
Invite
Slow down
Trust
Feel
Pause
Follow
Appreciate
Be with
Embrace
Breathe
Hold
Thank
Open
Invite
Welcome
Empathize
Breathe
Reflect
Attend
Release
Value
Observe
Sense

Honesty

Co-operation

Belonging

Recognition

Friendship

Encouragement

Acceptance

SAFE
COMFORT
LIKE
LIGHT
TRUE
ALIVE
PROUD
PEACEFUL
RIGHT
EASY
BETTER
GOOD
SUPERIOR
STRONG
HEAVENLY
NICE

Clear communication

Understanding

Loving