

Game – Hi Hi Hi

Purpose: energiser, mix the group up, have fun

Equipment: None needed. Although you will need space behind chairs for people to move. This might be nice played outside if the weather is good as no chairs are needed.

What to do: Everyone stands in a circle facing inwards except one person who is on the outside of the circle. The person on the outside, walks around the circle and randomly tickles one person on the back. The person who is tickled must step outside of the circle and run around the circle the opposite way towards the person who has tickled them. When the two meet, they must shake hands and say 'Hi hi hi!' to each other. And then run as fast as they can to get back to the empty space in the circle. The person who gets the space, gets to stay in the circle. The person who doesn't, has the job of starting the game again and tickling someone else.